



Maintaining DPP & Getting Started with MDPP

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Outline

- ▶ Mary Greeley Medical Center's DPP timeline
- ▶ Keys to maintaining a successful Diabetes Prevention Program
- ▶ Starting MGMC's Medicare Diabetes Prevention Program
- ▶ Next Steps

Timeline of DPP at Mary Greeley Medical Center

DPP

- Pilot DPP cohort October, 2016
- DPP included in MGMC insurance plan January, 2017

CDC
Submission

- 9/1/2017: gained preliminary status
- 3/1/2018: gained full recognition

MDPP

- CMS approval April, 2018
- 1st group started May, 2018

MGMC's Stats

- ▶ 10 cohorts
 - ▶ 9 DPP, 1 MDPP
- ▶ 89 participants
- ▶ Average activity minutes: 242 minutes/week
- ▶ Average weight loss: 10 lbs

BLOOD-BASED TEST

79%

RISK TEST

21%

Participants who entered by a blood-based test versus a diabetes risk test ⓘ

242 min.

Average number of minutes of physical activity reported per person

6 MONTHS

9 lbs.

Average weight loss across all participants

12 MONTHS

10 lbs.

430 lbs.

Total number of pounds lost

Keys to Maintaining a Successful DPP

Gaining participants

- Find a covered patient base
- Tell your patients about the program (and its success)

Within the program

- Choose your coaches
- Utilize the provided program material and then some
- Listen to your participants

Be resourceful

- Utilize other departments at your facility
- Guest speakers
- DAPS/Chronicle



Gaining participants

- ▶ Find a covered patient base to target as a primary source of participants
 - ▶ Mary Greeley Medical Center and McFarland Clinic
 - ▶ Advertising
- ▶ Community
 - ▶ Meetings with other local businesses
 - ▶ Community presentations
- ▶ Tell your patients
 - ▶ Patients referred to Diabetes & Nutrition Education Center
 - ▶ Explain the national statistics AND your center's statistics
- ▶ Utilize DPP websites
 - ▶ CDC, AMA, CMS, IDPH



Within the program

- ▶ Choose your coaches
 - ▶ Registered Dietitians
 - ▶ Registered Nurses
 - ▶ Certified Diabetes Educators
- ▶ Utilize the provided program material and then some
 - ▶ Incorporate more sessions
 - ▶ Start a new cohort every 3-4 months
 - ▶ Utilize CDC's material
 - ▶ Events
- ▶ Listen to your participants
 - ▶ Session Zero
 - ▶ Mid-point
 - ▶ Be flexible
 - ▶ Make up sessions

Be Resourceful

- ▶ Utilize other departments at your facility
 - ▶ Diversify advertisement
 - ▶ Billing
 - ▶ Charting
 - ▶ Technology
- ▶ Guest speakers
 - ▶ Cardiac Rehab
 - ▶ Physical Trainer
 - ▶ Coworkers
- ▶ Data tracking with DAPS





Medicare Diabetes Prevention Program

MDPP vs DPP

- Must apply to be MDPP supplier
- MDPP is 2 years, DPP is 1 year
- MDPP covered for Medicare recipients*
- Billing- G codes
- Charting

Medicare Diabetes Prevention Program (MDPP): MDPP Supplier Road Map

This road map gives your organization an overview of the MDPP supplier journey.

1. LEARN ABOUT MDPP SERVICES

MDPP SERVICES:

- Work to prevent or delay type 2 diabetes among individuals at risk for diabetes
- Provide coaching in dietary change, increased physical activity, and weight loss strategies
- Are furnished by MDPP suppliers to eligible beneficiaries

2. PREPARE TO ENROLL

SUPPLIER ENROLLMENT BEGINS ON JANUARY 1, 2018.
To learn more about the requirements to enroll as an MDPP supplier visit: <http://go.cms.gov/mdpp>

3. ENROLL AS AN MDPP SUPPLIER

CHOOSE ONE OF THE OPTIONS TO ENROLL AS AN MDPP SUPPLIER:

1. Enroll online using the Provider Enrollment Chain and Operating System (PECOS), or
2. Submit a paper CMS-20134 form

4. FURNISH MDPP SERVICES

COACHES DELIVER MDPP SERVICES ON BEHALF OF MDPP SUPPLIERS.

MDPP SERVICES:

- Include up to 2 years of sessions dependent on beneficiary weight loss and attendance
- Follow a CDC-approved curriculum
- Can begin on April 1, 2018

5. SUBMIT CLAIMS

MDPP SUPPLIERS CAN BEGIN FURNISHING SERVICES AND BILLING MEDICARE BEGINNING APRIL 1, 2018.

THE PAYMENTS:

- Are a performance-based structure
- Can be up to \$670 per eligible beneficiary, depending on performance
- Are only received when MDPP suppliers submit claims through Medicare Administrative Contractors (MACs)
- Follow standard CMS procedures

What is an MDPP supplier?

An **MDPP supplier** is an organization that is enrolled in Medicare and can bill for MDPP services provided to eligible beneficiaries.

Need More Information?

Visit: <http://go.cms.gov/mdpp>
Email: mdpp@cms.hhs.gov

Medicare Requirements

- ▶ Federal Register Final Rule- Read and re-read
- ▶ Fact Sheets available here:
<https://innovation.cms.gov/initiatives/medicare-diabetes-prevention-program/>
 - ▶ Useful in meetings with other departments
- ▶ Eligible participants:
 - ▶ Medicare Part B
 - ▶ BMI
 - ▶ Blood test
 - ▶ No diagnosis of diabetes or ESRD

Photo from CMS website- fact sheet

Medicare Diabetes Prevention Program (MDPP)

Expanded Model Fact Sheet

Overview of MDPP

The MDPP expanded model includes an evidence-based set of services aimed to help prevent the onset of type 2 diabetes among Medicare beneficiaries with an indication of prediabetes. MDPP services will be available to eligible beneficiaries nationwide beginning April 1, 2018 under a performance-based payment model through the CMS Innovation Center.

Application, Billing, Charting

- ▶ Meeting with CAS, head of billing department, coding...
- ▶ Set up chart notes
- ▶ Set up G-Code buttons in EPIC



Gaining participants

- ▶ Interest from previous DPP session zeros
- ▶ Presentation to Primetime Alive
- ▶ Patients




PREVENT T2 




First MDPP cohort

- ▶ 9 participants: 2 men, 7 women
- ▶ Stats on first 12 weeks
 - ▶ Average weight loss per participant: 5 pounds
 - ▶ Average activity minutes: 243 minutes/week
 - ▶ Four participants have already met 5% goal
- ▶ Conversation differences
- ▶ Connectedness



Next steps for MGMC

- ▶ Support of physicians
 - ▶ Lunch and Learn meetings
 - ▶ Grand Rounds Presentation
 - ▶ Expanding MDPP
 - ▶ Expanding with community DPP as coverage increases
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References

- ▶ <https://innovation.cms.gov/initiatives/medicare-diabetes-prevention-program/>
- ▶ <https://www.cdc.gov/diabetes/prevention/lifestyle-program/resources/professionals.html>
- ▶ <https://daps.aadenet.org/>