

Resource	Link
<p>National Diabetes Prevention Program</p> <p>Implement a Lifestyle Change Program</p> <ul style="list-style-type: none"> • Thinking of offering a CDC-recognized lifestyle change program? Already offering one? Find what you need to start or sustain a program. • Screen & Refer Patients to a Lifestyle Change Program • Screen your patients for prediabetes and refer them to a CDC-recognized diabetes prevention program. <p>DPP for Employers</p> <ul style="list-style-type: none"> • Cover a Lifestyle Change Program as a Health Benefit • Manage health care costs and improve the health of your employees or insured members by adding CDC-recognized diabetes prevention lifestyle change programs as a covered health benefit. 	<p>http://www.cdc.gov/diabetes/prevention/index.html</p> <p>http://www.cdc.gov/diabetes/prevention/lifestyle-program/index.html</p> <p>http://www.cdc.gov/diabetes/prevention/employers-insurers/index.html</p>
<p>Find a Program Near You</p>	<p>https://nccd.cdc.gov/DDT_DPRP/Programs.aspx</p> <p>http://bit.ly/NDPPinIA</p>
<p>Find Facts, Figures & Registry of Recognized Organizations</p>	<p>https://nccd.cdc.gov/DDT_DPRP/Registry.aspx</p>
<p>National Diabetes Education Program</p>	<p>http://www.yourdiabetesinfo.org</p>
<p>Diabetes at Work</p>	<p>https://diabetesatwork.org/</p>

NDPP Prediabetes Quiz	http://www.cdc.gov/diabetes/prevention/pdf/prediabetestest.pdf
Healthy Diet Finder	https://www.healthydiningfinder.com/
Choose My Plate	http://www.choosemyplate.gov/
Fooducate	http://www.fooducate.com/
Just Enough Food For You	http://www.niddk.nih.gov/health-information/health-topics/weight-control/just-enough/Pages/just-enough-for-you.aspx